

25th Annual 5K Run

Held during The Annual Shrimp Festival

Saturday, March 13, 2010 at 9:30 am

The Entry Fee will be two levels:

Entry Fee: \$20.00 thru March 12, 2010
\$25.00 Race Day

Race Day Registration:

7:00 am -9:15 am

Course: This 5K race provides the challenge of running over and then returning back over the Matanzas Bridge (the highest elevation in Lee County). Part of the course will take you through the Times Square area.

Scoring & Results: Finish Card System

Restrictions: The course will be open for 30 minutes only. All participants must be able to complete the course within the allotted period of time.

Post Race Refreshments: A variety of refreshments will be available, including plenty of water.

Weather: The mean average temperature in Fort Myers Beach for March is about 80 degrees.

Parking Facilities: You may park at Summerlin Square Shopping Center located at Summerlin & San Carlos Boulevard and ride the trolley to Key Estero Shopping Center or you may want to park on the north side of Matanzas Bridge in the public parking lot and take the trolley to Key Estero Shopping Center.

Overall Awards: Awards are given to the top male and female finishers in each of the following categories: Overall Winner, Master (over 40) Grand Master (over 50) and Senior Grand Master (over 60).

Also, awards will be given to the top three male and female runners in the following categories:

Male		Female	
0-11	40-44	0-11	40-44
12-15	45-49	12-15	45-49
16-19	50-54	16-19	50-54
20-24	55-59	20-24	55-59
25-29	60-64	25-29	60-64
30-34	65-69	30-34	65-69
35-39	70-99	35-39	70-99

T-Shirt: An official race T-shirt is guaranteed to every person who registers.

Packet Pickup: Race Packets can be picked up at the Fort Myers Beach Chamber Office located at 17200 San Carlos Blvd. on March 11 or March 12. On race day, packets will only be available at the race site.

Post Parade Activities: You are welcome to stay on the beach for the colorful parade, Business and Craft Expo and the Shrimp Boil sponsored by the Fort Myers Beach Lions Club at Lynn Hall Memorial Park.

Information: For additional information please contact the Fort Myers Beach Chamber of Commerce at 239-454-7500 or contact Jason from the Fort Myers Track Club at (239) 482-3137.

Clip and Mail with Entry or Register on line at www.Ftmyerstrackclub.com

Official Scheduled 25th Annual 5K Run Entry Form

Make checks payable to: Greater Fort Myers Beach Area Chamber of Commerce

Mail Check and Registration Form to: 17200 San Carlos Blvd., Fort Myers Beach, FL 33931-5306

Entry fee is non-refundable. Incomplete or unsigned forms will not be accepted.

Photocopies accepted. Please use a ball point pen

Name: _____

Date of Birth: Month _____ Day _____ Year _____ Age _____ Sex _____

Address: _____ City _____ State/Zip _____

Telephone: Day _____ Eve _____ T-Shirt Size Med. Large XL

Release: In consideration of this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Greater Fort Myers Beach Area Chamber of Commerce 25th Annual 5K Run and the Fort Myers Track Club and its sponsors and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the completion of the event that I am informed of the dangers of racing in hot weather.

Signed: _____ Date: _____

If Under 18 Signature of legal Guardian is required: _____