

The Fort Myers Track Club is kindly asking our community to help support Tom Sammons.

On April 29<sup>th</sup> Tom Sammons, a long-time member of the running community, Fort Myers Track Club member and board member, suffered a traumatic spine injury while on his way to an early morning run meet-up with friends. The injury was sustained in an automobile collision when the driver of another car fell asleep at the wheel and crossed into Tom's lane, striking his vehicle head-on. He has undergone two surgeries to stabilize a fractured neck and, at this point, has movement in both arms and legs; however, he remains in the Intensive Care Unit at Gulf Coast Hospital. He will eventually be transferred to the Shepard Center in Atlanta, Georgia for rehabilitation. Despite all of this, Tom is good spirits and his sense of humor is very much intact.

Tom has been an integral part of the Fort Myers Track Club for many years, has lent countless hours to help the running community and the local charitable organizations that we support, and we are going to miss his contributions to the club and community during his long recovery process. He truly is a much-loved part of our family and he needs our community's help during this difficult time. You can imagine that Tom's medical bills are (and will continue to be) very costly and we are hoping our community can step up and help him and his family during this time much like he has always stepped up for it.

Thank you for your help and please know that each and every gift, thought and prayer is appreciated and helps make a difference to Tom and his family.

DONATIONS can be made by going to the FMTC membership website by clicking the "Donate" button <https://runsignup.com/Club/FL/FortMyers/FortMyersTrackClub>. Please indicate that you are donating on behalf of Tom Sammons. A link may also be found on our website <https://www.ftmyerstrackclub.com>.